

# **RULES FOR THE BRITISH SCHOOLGIRLS' INDOOR RACES ORGANISED BY THE LADIES' SKI CLUB**

## **INTRODUCTION**

The Ladies' Ski Club Limited ("LSC") has established the British Schoolgirls' Indoor Races ("BSIR") Committee. The BSIR Committee has responsibility for the organisation and administration of the BSIR. The rules for the BSIR are based on the Ski Competition Rules of the International Ski Federation and the British Artificial Competition Rules ("BACR"). The BSIR Committee will consider annually whether Rules of the International Ski Federation or other rules should be included in the rules of the competition and will make appropriate recommendations for amendments to these rules for approval by the Directors of LSC.

## **DEFINITIONS AND ABBREVIATIONS**

BASS	British Alpine Seeding System
IBARTS	Indoor British Artificial Seeding System
BACR	British Artificial Competition Rules
Board	The Directors of The Ladies' Ski Club Limited
BSIR	British Schoolgirls' Indoor Races
FIS	International Ski Federation
Force Majeure	Implies circumstances beyond the control of the Race Organising Committee e.g., cancellation due to bad weather, breakdown of lifts, lack of snow, issues arising from the venue beyond the control of ROC
GBS	GB Snowsport Limited (formerly British Ski and Snowboard Limited)
Hors Concours (HC)	An individual or team not entitled by the rules to race but allowed to do so by the Race Organising Committee. HC entries may not win the normal prizes or trophies; special prizes may be set-aside for them if the Race Organising Committee so decides.
ICR	International Competition Rules
Jury	The body which governs the conduct of the BSIR and ensures that rules are applied fairly. It arbitrates in any dispute over race rules and disqualifications and also represents the racers.
LSC	The Ladies' Ski Club Limited
Referee	Jury member responsible for completing a report for each run and adjudicating on racers who were DNS, DNF or DSQ

ROC	Race Organising Committee
TD	Technical Delegate, who is appointed by the Governing body when applicable and whose prime concern is the security of the Competition and the participants and adherence to the rules. The TD acts as Chairman of the Jury.

## **COMPETITIONS, ENTRY AND RACE STAFF**

### **Races**

1. The BSIR will consist of two runs of slalom and a parallel slalom. The technical details for each discipline, and those concerning racing in general, may be found in the International Competition Rules (ICR), copies of which may be obtained from GBS or downloaded from [www.fis-ski.com](http://www.fis-ski.com) or [gbski.com](http://gbski.com). Where appropriate the Jury will refer to the BACR, in which special regulations are in place for British run competitions.
2. The ROC has the right to change the programme in the event of Force Majeure or where reasonable amendments are required.

### **Eligibility**

3. All team members who fall within Under 14, Under 16, Under 19 categories (based on year of birth) in accordance with the ICR and who attend a UK based school on a full-time basis are eligible to compete in a team from their school. Girls who spend time abroad during the winter term are also allowed to compete in their school team if they are enrolled in their UK school for the whole year.
4. Team competitors of non-British nationality (i.e., not holding a British passport) who are full time pupils at participating UK based schools are eligible to compete in such school team(s) and for the BSIR team trophies and prizes.
5. Girls younger than the Under 14 category (in accordance with the ICR i.e., who were under 12 on the 1<sup>st</sup> January) are not permitted to take part in the BSIR nor to act as forerunners unless they are Hors Concours participants. This decision will be made by the ROC Committee.

### **Teams**

6. Any three competitors attending the SAME school may be nominated to compete as a team in either or both the Slalom and Parallel Slalom events irrespective of age category. Each school may enter a maximum of four teams.
  - a) Each team for both runs of the slalom must consist of the same competitors.
  - b) If time does not allow for the full parallel slalom to be run, the ROC reserves the right to include only the best 16 or best 8 teams from the first run of the slalom.
7. Schools may also enter one reserve for each team. The reserves will be eligible to compete in the slalom as individuals or can replace a team member injured during the competition and declared 'unfit to race' by a doctor.
8. Entries will be accepted on a first come first served basis.

## Registration

9. Each Team Captain/School Representative must register their final team on the day at registration.
10. An Athlete's Declaration must be completed for all competitors and submitted at registration.

## The Draw

11. The draw will be held shortly before the races to determine the start order for the race. The ROC will make the draw electronically and announce the running order by email to Team Captains/School Representatives. The start lists will be published on [www.gbski.com](http://www.gbski.com) and on the official noticeboard on the morning of the event.
  - a. Teams for the slalom will be drawn in four separate groups; each 'A' team will be drawn in the first group, 'B' teams will be drawn in the second group, 'C' teams in the third group and 'D' teams in the fourth group. Number 1 racers in the A group will run in team drawn order, they will be followed by number 2 racers and then number 3 racers in the same order. The 'B' team will then run in drawn order in the same manner, followed by the 'C' teams and 'D' teams. (more teams can be entered depending on number of entries). The reserves will be drawn as one group and race after the named teams.
  - b. For the second run of the slalom, the start order of racers within each group will be reversed i.e. in the 'A' team group the number 1 racers will run first but in reverse order, then number 2 racers will run in reverse order and finally number 3 racers will run in reverse order. The 'B' team group will reverse their order of run in the same way as will the 'C' and 'D' teams etc. (more teams can be entered depending on number of entries)
  - c. The parallel slalom draw will be seeded based on the finishing order of the teams in the first run of the slalom subject to the conditions in 6 (b).

## Disqualifications

12. A list of disqualifications will be announced and posted on the official notice board near the race office by the Jury after each run of a race. Protests against disqualification must be lodged, in accordance with the ICR, within 15 minutes of the posting time. The Jury's decision is final.
13. No protests will be accepted outside the official posting time.

## Insurance

14. All competitors and forerunners must have adequate insurance covering ski racing. The responsibility for insuring each competitor rests with the competitor or their legal guardian.
15. Personal Liability insurance is the responsibility of the competitor. The organisers shall take out Public Liability Insurance for all members of the Committee and those involved in the running of the races.

## Safety

16. Competitors must make sure that their equipment is adequate and fully functional. Sunglasses are specifically forbidden whilst racing. As this is not a 'National Race' competitors do not need to adhere to the ICR/FIS ski length rules.
17. Under FIS and ICR rules it is mandatory for all competitors and forerunners to wear a helmet in all events including the parallel slalom and during course inspection.

18. Helmets with stickers, other than those of the manufacturer, or camera mounts will not be allowed.
19. Competitors must wear ski clothes suitable for indoor ski racing. No cameras can be worn without the Jury's prior consent.
20. Girls found behaving in an inappropriate or unsafe manner towards BSIR organisers or other racers may be subject to disqualification by the Jury.
21. The Jury reserves the right to make a judgement call on safety grounds to amend, cancel or change the event at short notice.

### **Calculation of Slalom Results**

23. Individual results will be calculated from the aggregate of the competitor's time in both runs. In the event that two or more competitors finish in exactly the same time, the competitor with the higher start number will be listed first on the results sheet.
24. Team results will be calculated by totaling the race times of the best two individual results of the three team members.

### **Race Organising Committee and Officials**

26. The Board will appoint the ROC to run the races at the venue agreed by the Board each year. The members of the ROC shall be appointed at times appropriate for the efficient conduct of the BSIR.
27. The BSIR committee will include:
  - a) Chief of Championships
  - b) Indoor Ski Slope Co-ordinator
  - c) Safeguarding Officer
  - d) Honorary Treasurer of LSC
  - e) President of LSC
  - f) PR and Sponsorship Co-ordinator

Two or more of these positions can be held by the same person.

28. The ROC will include:
  - a) Chief of Race
  - b) Indoor Ski Slope Co-ordinator
  - c) Race Secretary
  - d) PR and Sponsorship Co-ordinator
29. The ROC will co-opt further persons as necessary for the running of the races, including TD, Chief of Race, Referee, Chief of Course, Chief Gate Judge and Chief of Timing & Calculations.
30. The duties of all members of the ROC are to be within the spirit of the FIS rules but at the discretion of the ROC.
31. In the spirit of an entry level race, the ROC may request team supporters to assist them with the running of the event where required.

## **The Jury**

32. The Jury is to be constituted in accordance with the ICR as follows:
- a) Technical Delegate (appointed by the TD forum), when applicable
  - b) Chief of Race – acts as chairman of the Jury in the absence of a TD
  - c) Referee
33. The duties of all members of the Jury are to be in the spirit of the current FIS rules.

## **Trophies and Prizes**

34. The trophies and prizes that are competed for annually are shown with the entry information.
35. Winners of individual and team trophies are to ensure the safe return of the trophies, cleaned and appropriately engraved, to the Race Office at the time of registration.
36. In the event of loss or damage of a trophy the Chief of Race or Race Secretary is to be informed at least one month before the event. The trophy must be repaired or replaced by one of similar value by the winner.

## **Prize Giving**

36. The prize giving ceremony is an integral part of the races and as such, all competitors, and particularly prize winners, are expected to be present.